



Roman Road Primary Newsletter



Roman Road Diary Dates 2022/23

Autumn Term 1
Monday 4th September
2023 to Friday 27th
October 2023

Half Term
Monday 23 October 2023
to Friday 27 October
2023

Autumn Term 2
Monday 30 October 2023
to Thursday 21
December 2023

Christmas Break
Friday 22 December 2023
to Wednesday 3 January
2024

Inset Days
Monday 4 September
2023
Tuesday 5 September
2023
Wednesday 6th
September 2023
Thursday 4 January 2024

**If your child/ren are
absent from school,
please call the school
by 8am and leave a
message on the School
Absence Line– Option 1**

Thought of the Week
“The time is always
right to do what is
right.”

**Martin Luther
King, Jr.**

 We are going paperless soon! To protect our environment

Message from All Staff at Roman Road

Welcome back to the children. We hope that you all had a lovely summer, and enjoyed spending time with family and friends. The children seem to be enjoying their time back at school and overall have settled well.



Are you and your family up to date with your immunisations? The NHS is encouraging us to make sure we are up to date with our MMR vaccines, following a rise in measles cases across England. All MMR jabs are available for free from your GP and catch-up clinics, for anyone who is not yet vaccinated.

On Friday 14 July, the UK Health Security Agency issued a warning, suggesting London is at risk of a major measles outbreak, marking the city as ‘high risk’. Their analysis suggests there could be a large rise in cases across London, unless vaccination rates improve.

Measles spreads easily and can cause serious illnesses – it is more than just a rash. In some cases, it can lead to meningitis, seizures (fits) and pneumonia, causing real risk to life. The only way to protect yourself from measles is to get vaccinated. According to the NHS, after two doses of the MMR jab, around 99 per cent of people will be protected against measles and rubella.

If your child has missed a dose, the NHS will contact you. Do not delay when you are contacted. Children aged one to 11 years old can get vaccinated at clinics at primary schools and community venues. Children can also get vaccinated at their GP or a local catch-up clinic. You can find your local one here: [Polio & MMR Catch-Up Clinics](#).

Adults should also check if they are up to date with their vaccinations, especially if planning to travel abroad this summer. It is not too late to get protected, no matter your age. Check with your GP if you are not sure whether you have had the vaccine.

In Newham, 86 per cent of people have had their first dose of the MMR vaccine and 80 per cent have had both first and second doses. The target is 95% of people to have had both doses – this is the level needed to avoid outbreaks and protect the whole community.

For more information, visit <https://northeastlondon.icb.nhs.uk/your-health/mmr-and-polio-catch-up-vaccinations/>

Well Done

Reward 5

Well done to and who received a Reward 5 this week for good work. Well done!

Reward Certificates

Every week we print a list of names of children who have achieved Reward 3, 4 and 5 certificates.

Reward 3

Reward 4

Reward 5

Lunch Menu Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	BBQ Chicken Pasta Bake	Baked Sausages with Mashed Potatoes	Roast Turkey with Yorkshire Pudding served with Roast or New Potatoes	Lamb & Vegetable Jollof Rice	Fish Fingers with Jacket Wedges
Choice 2	Creamy Butternut Squash Pasta Bake	Jacket Potato with Cheese & Beans	Chicken Burrito with Coleslaw & Mexican Salad	Tuna Crunch Baguette with Salad & Coleslaw	Chickpea & Potato Curry with Rice
Vegetarian	Quorn Frankfurter Hot Dog with Herby Diced Potatoes	Cheese & Potato Pie	Veggie 'Toad in the Hole' served with Roast or New Potatoes	Moroccan Style Vegan Tagine with Couscous	Veggie Pattie Muffin with Jacket Wedges
Side Dishes	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Dessert	Apple & Carrot Cake served with Custard	Chocolate Sponge Slice with Chocolate Custard	Jelly served with Summer Fruit	Freshly baked Strawberry Yoghurt Cake with Custard	Black Forest Slice with Ice Cream

Please can you discuss with your child the menu option for the following day.